

The Ring Amateur Boxing Club Rules & Regulations

The Ring Boxing Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes it is important that members, coaches & parents associated with the club, show respect and understanding for the safety and welfare of others at all times. Therefore, members are encouraged to be open at all times and share concerns and/or complaints that they may have with Darren Taylor or any other club official/coach.

As a member of The Ring Boxing Club, you are expected to abide by the following code of practice:-

- All members must respect the rights, dignity and worth of all participants regardless of their age, gender, race, sexual orientation, ability, religious beliefs or cultural background. Any bullying of or abuse toward any other member or deliberate exclusion of any members, will result in disciplinary action or the cancellation of membership and expulsion from the club.
- All members are club ambassadors and any anti-social behavior inside or outside of the club or at competitions will result in disciplinary action or cancellation of membership and expulsion from the club.
- All members must respect the gym and equipment, and contribute to the cleanliness and upkeep of the gym. Toilets must be kept clean at all times and equipment must be tidied away after use. All personal bags and training equipment must be stored in a tidy, safe manner in the allocated areas. Any littering/spitting/graffiti is strictly prohibited either inside or outside of the gym. Failure to abide by these rules will result in disciplinary action or the cancellation of membership and expulsion from the club.
- Members must keep to assigned timings for training and competitions or inform the coaches if they are going to be late. If a member is consistently late for training sessions, without prior warning, they may be excluded from the sessions. Continued lateness will result in a meeting on whether this club is the correct club for the member.
- Members must always wear suitable protective kit. For training this includes hand wraps and mouth guards for sparring/competitions, this also includes protective cups/groin guards – female boxers require breast guards. Failure to abide by these rules will result in disciplinary action or the cancellation of membership and expulsion from the club. Head guards will be provided by the club, but it is recommended that individuals purchase their own for hygiene purposes.
- The club is being run mainly for competitive boxers and therefore boxers that compete regularly may obtain priority with more one to one tuition especially the weeks running up to a competition. All members are expected to understand and cooperate with this necessity without prejudice.
- All members must adhere to the rules and respect officials and their decisions. All members are expected to act with dignity and with sportsmanship regardless of results and to wholly accept the decision of the ring officials. Failure to comply with this requirement will result in disciplinary action or the cancellation of membership and expulsion from the club.
- The club will be run not for profit and excess funds will be automatically put back into the club. All members should pay in a timely manner, failure to comply with this rule may result in total expulsion from the club.
- All members must complete a contact form/sign up online so the club has a record in case of emergency.
- All members must sign in before each training session.
- Any members caught or suspected of using performance enhancing substances will result in disciplinary action and immediate expulsion from the club.